

## L4-08-4613 03/4/2020 Neurostimulation Electrodes - Instructions for Use - Translations

English (EN)

## Instructions for Application, Operation and Removal:

- 1. Skin must always be clean, dry and free from lotion.
- 2. Do not apply to broken skin.
- 3. Attach lead wires to electrodes.
- 4. Remove the protective liner from the electrode. Save liner.
- 5. Apply electrode securely to skin. Apply center first, then smooth down to electrode edges.
- 6. Attach lead wires to stimulator device. Turn stimulator on; adjust according to stimulator instructions for treatment. Do not exceed an intensity of 0.1 Watt/cm<sup>2</sup>.
- 7. When stimulation session is complete, turn stimulator **OFF**.
- 8. Lift at the edge and peel to remove electrodes from skin.

## Instructions for Electrode Care and Storage:

- 9. Replace the saved protective liner on the electrode. Be sure to place the **ON** side against the electrode gel surface.
- 10. Disconnect the stimulator wires from the electrode lead wire connectors.
- 11. Replace electrodes in the original package.
- If electrodes begin losing adhesion, gently rubbing one or two drops of water onto gel surface may extend usage. If not, replace with new electrodes.
  Caution: Electrodes not firmly attached to the skin greatly increase the chance of burns and other adverse reactions.

## Warnings and Precautions:

- ▲ For all relevant hazards, contraindications, warnings, precautions and adverse side effects, refer to the stimulator device user's manual.
- Keep electrodes out of the reach of children.
- Electrodes are intended for single person use only.
- DO NOT remove electrode by pulling on lead wire.
- DO NOT use electrodes that are the wrong size or shape for your device, or incorrectly applied. This could result in skin irritation or thermal burns.
- Keep electrodes separated during treatment.
- DO NOT apply to broken skin. Should a skin rash or skin burn occur, immediately discontinue use and contact your physician.
- DO NOT exceed an intensity of 0.1 Watt/cm<sup>2</sup>.
- DO NOT apply electrodes across the head, or across the heart, or on the front of the neck.
- DO NOT stimulate while driving or operating machinery.

**NOTE:** The life of the electrode varies depending on skin conditions, skin preparation, type of stimulation, storage and climate. Please read the stimulator device user's manual thoroughly before use.